

# CHILD AND TEEN INTAKE FORM

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Name of Client \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Gender: Male \_\_\_\_\_ Female \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_

Teacher \_\_\_\_\_ School Counselor \_\_\_\_\_

Mother's Name \_\_\_\_\_

Address \_\_\_\_\_ Town \_\_\_\_\_ Zip \_\_\_\_\_

Cell phone number \_\_\_\_\_ alternate number \_\_\_\_\_

Email address \_\_\_\_\_

\_\_\_\_\_ Yes email me appointment reminders or \_\_\_\_\_ No thank you

Father's Name \_\_\_\_\_

Address (if different from above) \_\_\_\_\_ Town \_\_\_\_\_

Zip \_\_\_\_\_

Cell phone number \_\_\_\_\_ alternate number \_\_\_\_\_

Email address \_\_\_\_\_

\_\_\_\_\_ Yes email me appointment reminders or \_\_\_\_\_ No thank you

If parents are separated/divorced, please explain specific custody status

Please explain visitation schedule if parents are separated/divorced

Are both parents in agreement for child's need for therapy? \_\_\_\_\_ yes \_\_\_\_\_ no

Emergency Contact information-

Please list a name of someone other than parent in case of emergency

Name \_\_\_\_\_ relationship to client \_\_\_\_\_ phone \_\_\_\_\_

**MEDICAL HISTORY**

Name of Primary Care Physician: \_\_\_\_\_

Physician's Address: \_\_\_\_\_ Physician's Phone: \_\_\_\_\_

Many managed care companies require that we have interaction with the client's physician to coordinate care. Do you give us consent to discuss your care with the above named doctor? (Circle One) YES / NO

Please sign here for either answer: \_\_\_\_\_

Date of last medical evaluation: \_\_\_\_\_ Date of next appointment: \_\_\_\_\_

Current medications being taken:

1) \_\_\_\_\_ Dosage/Freq \_\_\_\_\_ Start Date \_\_\_\_\_ Purpose \_\_\_\_\_

2) \_\_\_\_\_ Dosage/Freq \_\_\_\_\_ Start Date \_\_\_\_\_ Purpose \_\_\_\_\_

3) \_\_\_\_\_ Dosage/Freq \_\_\_\_\_ Start Date \_\_\_\_\_ Purpose \_\_\_\_\_

4) \_\_\_\_\_ Dosage/Freq \_\_\_\_\_ Start Date \_\_\_\_\_ Purpose \_\_\_\_\_

Prescribed by:

\_\_\_\_\_

Has your child ever been hospitalized for medical or psychiatric reasons? (Circle one) YES / NO

Hospital Name, Mo/Yr, Reason: \_\_\_\_\_  
\_\_\_\_\_

Describe any important medical history, chronic ailments, or other health problems your child experiences: \_\_\_\_\_  
\_\_\_\_\_

Does your child have a learning or physical disability? (Circle One) YES / NO MAYBE. Describe: \_\_\_\_\_  
\_\_\_\_\_

Does your child have a mental health diagnosis? (Circle One) YES NO MAYBE. Describe: \_\_\_\_\_  
\_\_\_\_\_

Describe any other health problems or important medical history about your child's immediate family members and close relatives, including chronic ailments: \_\_\_\_\_  
\_\_\_\_\_

Does your child have any close relatives (father, mother, brother, sister, grandparent) who have experienced depression, anxiety, or other emotional difficulties? Please list: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## DEVELOPMENTAL and FAMILY HISTORY

In the first two years of life, did your child experience:

\_\_\_ Separation from mother, \_\_\_ Out of Home care, \_\_\_ Disruption in bonding, \_\_\_ Depression of mother,  
\_\_\_ Abuse, \_\_\_ Neglect \_\_\_ Chronic pain, \_\_\_ Chronic Illness, \_\_\_ Parental Stress

Reached developmental milestones: \_\_\_ On Time, \_\_\_ Early, \_\_\_ Late

How many times has the child moved homes? \_\_\_\_\_

What are five adjectives that describe:

Mother: \_\_\_\_\_

Father: \_\_\_\_\_

Child: \_\_\_\_\_

Parental Relationship: \_\_\_\_\_

Biological Dad: \_\_\_\_\_ DOB: \_\_\_\_\_ Biological Mom: \_\_\_\_\_ DOB: \_\_\_\_\_

Married: \_\_\_/\_\_\_/\_\_\_; Separated: \_\_\_/\_\_\_/\_\_\_; Divorced: \_\_\_/\_\_\_/\_\_\_

Siblings (1<sup>st</sup> to last) Name: \_\_\_\_\_ Age \_\_\_\_\_

Name: \_\_\_\_\_ Age \_\_\_\_\_ Name: \_\_\_\_\_ Age \_\_\_\_\_

Name: \_\_\_\_\_ Age \_\_\_\_\_ Name: \_\_\_\_\_ Age \_\_\_\_\_

Custodial Adults (if not biological parents): Dad: \_\_\_\_\_ DOB: \_\_\_\_\_

Mom: \_\_\_\_\_ DOB: \_\_\_\_\_ Date became caretaker: \_\_\_\_\_

People in household, if different from above:

\_\_\_\_\_  
\_\_\_\_\_

Does father work outside the home? \_\_\_ Yes \_\_\_ No; Occupation: \_\_\_\_\_ Hours: \_\_\_\_\_

Father's highest level of education? \_\_\_\_\_

Does mother work outside the home? \_\_\_ Yes \_\_\_ No; Occupation: \_\_\_\_\_ Hours: \_\_\_\_\_

Mother's highest level of education? \_\_\_\_\_

If separated or divorced, visitation schedule: \_\_\_\_\_

Does either parent have legal issues? If YES, Describe \_\_\_\_\_

Does your family have any specific spiritual or religious beliefs? If YES, Describe \_\_\_\_\_

List any mental illness or addiction in immediate or extended family (For example: Depression, anxiety, bi-polar disorder, suicide attempts, alcoholism, drugs, eating disorders, ADHD, Schizophrenia) \_\_\_\_\_

Have your children witnessed domestic violence? \_\_\_ Yes \_\_\_ No. If Yes, describe: \_\_\_\_\_

How is your child disciplined? Please list each method and frequency of use: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

# ACADEMIC AND SOCIAL HISTORY

## ACADEMIC PERFORMANCE

Highest grade on last report card? \_\_\_\_\_

Lowest grade on last report card? \_\_\_\_\_

Favorite subjects in school? \_\_\_\_\_

Least favorite subjects? \_\_\_\_\_

Has your child had special testing in school? (If YES, please describe below)

Psychological \_\_\_YES \_\_\_NO    Learning \_\_\_YES \_\_\_NO    Vocational \_\_\_YES \_\_\_NO

What would your child like to do about school at this point?

\_\_\_Quit school    \_\_\_Graduate from High School    \_\_\_Go to College

In school, how many friends does your child have? \_\_\_a lot    \_\_\_a few    \_\_\_none

Does child have friends in the neighborhood or close cousins they play regularly with? \_\_\_YES    \_\_\_NO

Describe: \_\_\_\_\_

How does your child handle anger with peers and family? \_\_\_\_\_

What are your child interests, hobbies and regular activities? \_\_\_\_\_

How much time does your child play on the computer, watch TV or play video games? \_\_\_\_\_

Has your child ever had difficulty with the Police?

Has your child ever appeared in Juvenile Court?

Has your child ever been on Probation?

Dates	Reason	Probation Officer
_____	_____	_____
_____	_____	_____

Has your child ever been employed?

Dates	Employer	Job
_____	_____	_____
_____	_____	_____

## TRAUMA HISTORY

Has your child been verbally abused? \_\_\_Yes \_\_\_No \_\_\_Suspected Describe: \_\_\_\_\_

Has your child been physically abused? \_\_\_Yes \_\_\_No \_\_\_Suspected Describe: \_\_\_\_\_

Has your child been sexually abused? \_\_\_Yes \_\_\_No \_\_\_Suspected Describe: \_\_\_\_\_

Other stressors or traumas? \_\_\_\_\_

## CONCERNS, STRENGTHS AND GOALS

Circle the symptoms your child displays and list the number of times per week the symptom is displayed:

Anger	Anxiety	Bedwetting	Acts out sexually
Conduct problems	Controlling	Day defecation	Has unusual sexual knowledge
Day Wetting	Defiance	Depression	Homicidal thoughts or actions
Disassociates	Drug or Alcohol use	Hyperactivity	Masturbates excessively
Hyper-vigilance	Impaired conscience	Isolation	Lack of empathy
Lack of motivation	Lethargy	Low impulse control	Plays out violent themes
Low self-esteem	Lying	Nightmares	Plays out sexual themes
Obsesses	Over/Under eating	Phobias	Peer Problems
Phobias	Running away	Shy	Self-mutilating
Sleeping problems	Suicide talk	Stealing	Tantrums

Somatic symptoms: headaches, stomachaches, etc

OTHER Concerns: \_\_\_\_\_

Has the child experienced any significant loss? If Yes, Describe: \_\_\_\_\_

What do you view as your child's major strengths and positive traits? \_\_\_\_\_

Describe your goals for your child's therapy: \_\_\_\_\_

What else is important for your therapist to know about your child and your family? \_\_\_\_\_

*Thank you* for taking the time to complete this form. This information helps us have a strong start in helping your family.