

Let's Build!

ENHANCING SOCIAL SUCCESS
THROUGH MINDFULNESS

Dawn Wilcox, LCSW

LLC

What is Let's Build?

It is a group program designed to assist children identify social cues, manage their emotions, and communicate effectively. The curriculum is based in social and emotional learning as well as mindfulness, a skill used to help improve awareness and self-control.

Who is it for?

Boys ages 5-12. Boys will be grouped according to age and developmental level.

When does it begin?

October 2017.

Please contact Ellen Guerrero, MS, LAC using the contact information listed for specific dates.

Who will be running the program?

Ellen Guerrero, MS, LAC is a licensed associate counselor and clinician. She currently works with children, adolescents, and adults in her practice. Previously, she has worked with students of diverse backgrounds to encourage and support healthy communication and relationships.

For more information on how to sign up you and your child/student:

Contact Ellen Guerrero, MS, LAC at (732) 630-7435 or email eb.lac.14@gmail.com

Group sessions may be reimbursed by your insurance company. Please call your insurance provider to verify.